ARNAS GARIBALDI CATANIA
AZIENDA OSPEDALIERA DI RILIEVO NAZIONALE E DI ALTA SPECIALIZZAZIONE

MATERNAL CHILD DEPARTMENT
Gynecology and Obstetrics Unit
Director: Prof. Giuseppe Ettore

PRE-CONGRESS COURSES
12–13 October 2026
ARNAS - Garibaldi Nesima Hospital

CME CREDITS 22,4

CONGRESS
14–16 October 2026
Four Points by Sheraton Catania

WELCOME MESSAGE PRESENTATION

Dear Colleagues and Friends,
Welcome to the 12th Mediterranean Endo-Gynecological Surgery Congress 2026, a premier event that brings together leading experts, researchers, and practitioners from around the globe. We are thrilled to welcome you to Catania (Italy), where we will explore the latest advancements, share groundbreaking research, and engage in meaningful discussions about the future of gynecological health. This congress is a unique opportunity for us to collaborate, innovate, and inspire each other as we address our field's most pressing challenges and opportunities. Over the next few days, you will have the chance to attend a wide range of sessions, including pre-congress courses, live surgical sessions, keynote lectures, and sponsor exhibitions led by some of the foremost thought leaders in gynecology.

The Congress offers an intensive scientific program, which includes:

Pre-Congress Courses
- Anatomical landmarks and decision-making on complex benign surgery
- Vulvodynia: critical issue and therapeutic perspectives
- Master Class Suturing Program
- Imaging in Endometriosis and Gynecologic Oncology
- Hysteroscopy Course

Live Surgical Sessions
- Hysteroscopy
- Endometriosis
- Gynecologic Oncology

Scientific Sessions
- Hysteroscopy Day: Emerging Technologies and Expanding Clinical Frontier
- Urogynecology: precision surgery and functional outcomes - *Video Surgical Challenge*
- Endometriosis Day
- Gynecologic oncology day

Keynote Lecture
- HPV Vaccine Update: efficacy and potential population impact
- Anatomical Variations in the Endometriosis: is it possible a standardization of retroperitoneal anatomy dissections?
- New frontiers in uterus transplantation

Symposium
- Beyond myomectomy: the role of transvaginal radiofrequency ablation in fibroid treatment
- Fertility-sparing and clinical management of benign uterine disorders. What's New?
- Before hysterectomy: restoring women's quality of life
- Electrosurgery evolution in gynecology: innovation and future of technology
- Endometriosis and fertility
- The surgical training: present and future perspectives
- Robotic surgery: precision, personalization and innovations

This year's theme, minimally invasive surgery, reflects our commitment to advancing women's health through cutting-edge science, compassionate care, and interdisciplinary collaboration. We encourage you to take full advantage of the networking opportunities, educational sessions, and hands-on experiences designed to enrich your know-le-dge and practice.
This year, eminent gynecological oncological surgeons and experts in radical surgery of endometriosis
and hysteroscopy will participate. This Congress represents a great starting point, assuming an important role in returning to training, education, and the continuous updating of future gynecological surgery.
Finally, we extend our heartfelt thanks to our sponsors, partners, and the organising committee for their invaluable contributions to making this congress a success. Your dedication and support foster a vibrant and dynamic com-mu-nity of gynecological professionals. A special thanks to Armando Romeo for his huge support in the organisation of the scientific program.
I am sure that Catania, through its history, weather, scents, lights and flavours, will be able to guarantee to all the participants an amazing hospitality.
I am looking forward to welcoming you to Catania.

Giuseppe Ettore

Chair
Giuseppe Ettore

Honorary Presidents
Arnaud Wattiez

Chair Educational and Training Surgery
Armando Romeo

Scientific Coordinators
Francesco Cannone, Marco D'Asta

Scientific Committee
Sebastiano Bianca, Maria Concetta Blanco, Sergio Giammona, Ferdinando Gulino, Filippo Rapisarda, Emanuele Russo, Antonio Siscaro, Gabriella Torrisi

Organising Committee
Vincenzo Aidala, Giulia Bonanno, Maria Cariola, Daniela Carpino, Elisa Casella, Stefania Cinquerrui, Giusi De Francesco, Flavia Di Grazia, Carla Ettore, Ilenia Fonti, Alfio Grasso, Giordano Giosuè Incognito, Nicolò La Ferrera, Marta Li Destri, Maria Grazia Matarazzo, Elisa Pappalardo, Cinzia Rubino, Mirella Sapienza, Francesco Sieni Miceli, Alessandra Turco

Maternal Child Department
Obstetrics Gynecology Unit
Garibaldi - Nesima Hospital

Garibaldi - Nesima Hospital
Via Palermo, 636 - 95122 Catania
Tel. 095.7595944 - fax 095.7595140
mail: gettore@arnasgaribaldi.it
ginecologia@arnasgaribaldi.it

HEALTH and CULTURE FOUNDATION

www.fondazionesaluteecultura.it
info@fondazionesalutecultura.it
tel.:+39 3758120741

under the auspices of

Ministero della Salute

Regione Siciliana
PRESIDENZA

ARS
REPUBBLICA ITALIANA
ASSEMBLEA REGIONALE SICILIANA

Assessorato
Regionale della Salute

Comune
di Catania

ARNAS GARIBALDI CATANIA
AZIENDA OSPEDALIERA DI RILIEVO NAZIONALE E DI ALTA SPECIALIZZAZIONE

Università di Catania

UNIVERSITÀ DEGLI STUDI DI ENNA "KORE"

UNIVERSITÀ GIUSTINO FORTUNATO

SIGO
SOCIETA' ITALIANA DI GINECOLOGIA E OSTETRICIA

AOGOI
ASSOCIAZIONE OSTETRICI GINECOLOGI OSPEDALIERI ITALIANI

SEGI
SOCIETÀ ITALIANA DI ENDOSCOPIA GINECOLOGICA

SIEOG

MiS ACADEMY

expo medicina
salone euromediterraneo dell'innovazione tecnologica in sanità
healthcare innovation exhibition

CNR IRIB
Consiglio Nazionale delle Ricerche
ISTITUTO PER LA RICERCA E L'INNOVAZIONE BIOMEDICA

LILT
LEGA ITALIANA PER LA LOTTA CONTRO I TUMORI
prevenire è vivere

Ordine dei Medici Chirurghi e degli Odontoiatri della Provincia di Catania

ASSOCIAZIONE SCIENTIFICA E CULTURALE DEL GRUPPO DEL PERSONE
Artemisia
Accademia del Sapere Medico

EndoReset

A.P.E.
ASSOCIAZIONE PROGETTO ENDOMETRIOSI
ODV

La voce di una è la voce di tutte
ODV

International Invited Speakers and Surgeons

Andreisa Bilhar	Fortaleza - Brazil
Henri Clavè	Nice - France
Helder Ferreira	Porto - Portugal
Juan Gilabert	Siviglia - Spain
Yacoub Khalaf	London - UK
William Kondo	Curitiba - Brazil
Philippe Koninckx	Leuven - Belgium
Nucelio Lemos	Toronto - Canada
Kathiane Lustosa	Fortaleza - Brazil
Mohamed Mabrouk	London - UK
Ewa Milnerowicz	Opole - Poland
Filipa Beja Osório	Lisbon - Portugal
Benoit Rabischong	Clermont-Ferrand - France
Carlos Trippia	Curitiba - Brazil
Arnaud Wattiez	Dubai - UAE
Maciej Wilczak	Poznan - Poland
Monica Zomer	Curitiba - Brazil

Faculty

Antonino Abbate	Palermo
Luigi Alio	Palermo
Adolfo Allegra	Palermo
Maria Grazia Arena	Catania
Karin Louise Andersson	Firenze
Stefano Angioni	Cagliari
Saverio Arena	Perugia
Giovanni Bartoloni	Catania
Valentino Bergamini	Verona
Stefano Bettocchi	Foggia
Sebastiano Bianca	Catania
Giuseppe Bifulco	Napoli
Giuseppe Bigatti	Milano
Giuseppina Blanco	Catania
Maria Concetta Blanco	Catania
Fabio Bonaffini	Biancavilla - CT
Giulia Bonanno	Catania
Roberto Bordonaro	Catania
Maria Teresa Bruno	Catania
Antonino Bucolo	Siracusa
Bruno Cacopardo	Catania
Giuseppe Campagna	Roma
Maria Grazia Campo	Vittoria – RG
Angelo Cannizzaro	Cosenza
Francesco Giuseppe Cannone	Lentini - SR
Giuseppe Canzone	Termini Imerese - PA
Marta Caretto	Pisa
Antonino Cartabellotta	Bologna
Melania Caruso	Catania
Paolo Casadio	Bologna
Elisa Casella	Catania
Maria Grazia Castiglione	Catania
Domenico Catarella	Catania
Ursula Catena	Roma
Sebastiano Caudullo	Messina
Giovanni Cavallo	Modica - RG
Vito Cela	Pisa
Antonio Chiantera	Napoli
Vito Chiantera	Napoli
Valentina Chiappa	Milano
Stefano Cianci	Messina
Fabio Ciancio	Catania
Cristina Cicerone	Palermo
Nicola Cinardi	Catania
Stefano Cordio	Ragusa
Giacomo Corrado	Roma
Francesco Cosentino	Campobasso
Claudio Crescini	Bergamo
Alessandro D'Afiero	Napoli
Angelo D'Alessandro	Agrigento
Marco D'Asta	Catania
Maria Chiara De Angelis	Napoli
Ilaria De Blasis	Palermo
Giusi De Francesco	Catania
Alessandra Di Giovanni	Roma
Salvo Di Leo	Catania
Attilio Di Spiezio Sardo	Napoli
Andrea Di Stefano	Catania
Alfredo Ercoli	Roma
Carla Ettore	Catania
Giuseppe Ettore	Catania
Anna Fagotti	Roma
Ernesto Falcidia	Catania
Maria Rita Falco Abramo	Agrigento
Mario Falsaperla	Catania
Francesco Fanfani	Roma
Marco Farina	Siracusa
Fabiana Fascilla	Foggia
Alessandro Favilli	Perugia
Clara Ferrara	Palermo
Martina Ferrara	Catania
Stefano Ferrari	Milano
Rino Ferraro	Gela
Loris Fioravanti	Milano
Ilenia Fonti	Catania
Francesco Forlani	Palermo
Filippo Fraggetta	Catania
Dorella Franchi	Milano
Giorgia Gaia	Roma
Laura Giambanco	Palermo

Giuseppe Giammanco	Catania
Sergio Giammona	Catania
Fabiana Giordano	Napoli
Gabriele Giorgianni	Catania
Eliana Giurato	Catania
Roberta Granese	Messina
Fabio Guardalà	Catania
Giampietro Gubbini	Bologna
Salvatore Gueli Alletti	Palermo
Stefano Guerriero	Cagliari
Antonino Guglielmino	Catania
Maurizio Guido	Cosenza
Ferdinando Gulino	Catania
Giuseppe Gullo	Palermo
Vito Iannone	Trapani
Domenico Incandela	Palermo
Salvatore Incandela	Sciacca - AG
Giosuè Giordano Incognito	Catania
Alessandro Iuliano	Roma
Nicolò La Ferrera	Catania
Michele La Greca	Catania
Antonio Simone Laganà	Palermo
Marta Li Destri	Catania
Emilio Lomeo	Catania
Domenica Lorusso	Roma
Manuela Ludovisi	L'Aquila
Antonio Maiorana	Palermo
Umberto Malapelle	Napoli
Mario Malzoni	Avellino
Vincenzo Mascellino	Milazzo - ME
Floriana Mascilini	Roma
Maria Grazia Matarazzo	Catania
Alberto Mattei	Firenze
Katiuscia Menni	Brescia
Antonella Mercurio	Palermo
Liliana Mereu	Catania
Andrea Molino	Avola -SR
Filippo Murina	Milano
Ludovico Muzii	Roma
Luigi Nappi	Foggia
Ottavio Notaro	Amantea - CS
Nunziata Pace	Ragusa
Vittorio Palmara	Messina
Stefano Palomba	Reggio Calabria
Marco Palumbo	Catania
Giovanni Panico	Roma
Elisa Pappalardo	Catania
Sabrina Paratore	Catania
Antonella Pediliggieri	Modica - RG
Basilio Pecorino	Enna
Alessio Peritore	Roma
Luigi Piazza	Catania
Bruno Pinzello	Palermo
Antonino Rapisarda	Catania
Filippo Rapisarda	Caltagirone - CT
Dario Recalcati	Milano
Bernardo Rocco	Roma
Martino Rolla	Parma
Federico Romano	Trieste
Armando Romeo	Torino
Cinzia Rubino	Catania
Emanuele Russo	Catania
Giovanni Ruvolo	Palermo
Lucia Salvia	Taormina
Daniela Sambataro	Enna
Emanuela Sampugnaro	Catania
Mirella Sapienza	Catania
Giuseppa Scandurra	Catania
Sergio Schettini	Potenza
Giuseppe Scibilia	Ragusa
Paolo Scollo	Catania
Renato Seracchioli	Bologna
Maurizio Serati	Varese
Luca Sgrò	Torino
Francesco Sieni Miceli	Catania
Fabrizio Signore	Roma
Tommaso Simoncini	Pisa
Antonio Sipione	Modica - RG
Antonio Siscaro	Catania
Maurizio Somma	Salerno
Giuseppe Sorrenti	Roma
Giulio Sozzi	Cefalù - PA
Carlo Stigliano	Castrovillari - CS
Davide Sturla	Varese
Angelo Tarascio	Acireale - CT
Marco Torella	Napoli
Gabriella Torrisi	Catania
Giuseppe Trojano	Matera
Vito Trojano	Bari
Paolo Turtulici	Vittoria - RG
Anastasia Ussia	Roma
Antonino Vallone	Catania
Maria Elena Vento	Catania
Pierfrancesco Veroux	Catania
Paola Viganò	Miano
Michele Vignali	Milano
Valentina Vinci	Catania
Elsa Viora	Torino
Salvatore Giovanni Vitale	Catania
Enrico Vizza	Roma
Giuseppe Vizzielli	Ferrara
Gian Franco Zannoni	Roma
Rosario Zarbo	Siracusa
Brunella Zizolfi	Napoli
Carlotta Zorzi	Negrar di Valpolicella - VR

PRE-CONGRESS TRAINING COURSES
ARNAS - GARIBALDI NESIMA HOSPITAL CATANIA

October 12th, 2026 – Monday

A - Vulvodynia: critical issue and therapeutic perspectives
Chairs: *G. Ettore, F. Murina*
40 partecipants

October 13th, 2026 – Tuesday

B - Anatomical landmark and decision making on complex benign surgery
Chairs: *W. Kondo, M. Zomer, F. Osorio, C. Trippia, M. D'Asta, F. Cannone*
6 partecipants
Active participation in operating room

C - Masterclass Suturing Program
Romeo's gladiator rule technique course performing safe knots and final test with dynamometer
Chair: *A. Romeo*
10 partecipants
Multidisciplinary suturing course (general surgery, gynecologist, urologist)

D - Imaging in Endometriosis and Gynecologic Oncology
Chairs: *G. Ettore, M.C. Blanco, S. Guerriero*
40 partecipants
Interactive course with live and pre-recorded demonstration

E - Hysteroscopy Course
Chair: *C. Ettore, E. Russo, A. Siscaro*
20 partecipants
Instruments, indications, contraindications, complications and treatment of the main intrauterine disorders

CONGRESS
FOUR POINTS BY SHERATON CATANIA

October 14th, 2026 – Wednesday

Pegasus Room 3

HYSTEROSCOPY DAY: EMERGING TECHNOLOGIES AND EXPANDING CLINICAL FRONTIERS

08.00 - 08.30	**Open Session**
08.30 - 11.30	**Live Surgical Session**
11.00 - 11.50	**Symposium Lina**
11.50 - 13.30	**Symposium Management of Benign Uterine Disorders**
13.00 - 14.00	**Open Lunch**
13.30 - 14.50	**Symposium Hologic**
15.00 - 17.40	**Scientific Session**
18.00 - 18.30	**Keynote Lecture**

Pegasus Room 2

UROGYNECOLOGY: PRECISION SURGERY AND FUNCTIONAL OUTCOMES

14.30 - 16.40	**Scientific Session I**
16.50 - 19.00	**Scientific Session II**

October 15th, 2026 – Thursday

Pegasus Room 2 - 3

ENDOMETRIOSIS DAY

08.00 - 08.30	**Open Session**
08.30 - 13.00	**Live Surgical Session**
10.30 - 11.00	**Keynote Lecture**
11.00 - 12.00	**Symposium Erbe**
12.00 - 13.40	**Symposium Endometriosis and Fertility**
12.30 - 13.30	**Open Lunch**
13.50 - 14.30	**Keynote Lecture**
14.30 - 16.30	**Scientific Session I**
16.30 - 18.00	**Scientific Session II**
18.30 - 20.30	**Opening Ceremony**

October 16th, 2026 – Friday

Pegasus Room 2 - 3

GYNECOLOGIC ONCOLOGY DAY

08.00 - 08.30	**Open Session**
08.30 - 13.00	**Live Surgical Session**
11.00 - 12.20	**Symposium Surgical Training**
12.30 - 13.30	**Open Lunch**
12.30 - 14.20	**Symposium Robotic Surgery**
14.30 - 16.20	**Scientific Session I**
16.30 - 18.30	**Scientific Session II**
18.30 - 19.00	**Closing Ceremony**

October 17th, 2026 – Saturday

Pegasus Room 2-3

Assessorato Regionale della Salute

R.E.S. Rete Endometriosi Sicilia

09.00 - 13.00

Riunione Regionale dei Centri di I, II, III livello della Rete Endometriosi Sicilia

PDTA - Registro Regionale - Formazione - Osservatorio

Gynecological Auditorium Garibaldi Nesima Hospital - Tower A

A | Vulvodynia: challenges and updates

CME

Interactive course with live and pre-recorded demonstration
40 partecipants

14.00 **Registration open**
Welcome and Introduction
G. Ettore, F. Murina

SESSION I

Chairs: *F. Murina, C. Stigliano*
Discussants: *M. Caruso, C. Ferrara, N. Pace*

14.10 Vulvar pathophysiological changes across the different stages of a woman's life
F. Murina

14.30 Diagnostic approach in vulvar pathology
D. Recalcati

14.50 Vulvodynia: pathophysiology and etiopathogenetic mechanisms
G. De Francesco

15.10 Discussion

SESSION II

Chairs: *M.T. Bruno, M. G. Castiglione, E. Lomeo*
Discussants: *M.G. Campo, M. Ferrara, E. Sampugnaro*

16.00 Vulvodynia: topical and systemic pharmacological therapy
F. Murina

16.20 Vulvodynia: regenerative therapy
I. Fonti

16.40 Vulvodynia: physical and rehabilitative therapy
F. Giordano

17.00 Discussion

17.30 Closing remarks

Surgery Training Center – Gynecological Operating Room, Garibaldi Hospital

B | Anatomical landmark and decision making on complex benign surgery

Chairs: *W. Kondo, M. Zomer, F. Osorio, C. Trippia, M. D'Asta, F. Cannone*
Faculty: *N. Cinardi, N. La Ferrera, B. Pecorino, E. Russo, V. Vinci*

Active participation in operating room
6 partecipants

The aim of our course is to improve knowledge and skills in laparoscopy applied to gynaecological benign diseases and Endometriosis and will enable you to make a big step forwards in your laparoscopic training.

Learning objectives are:
• Acquire basic and advanced coordination and perception in surgical procedures
• Excisional techniques and endometriosis management
• Better understand how to avoid and manage complications

The participant will have the opportunity to scrub during several surgical procedures in our operating rooms with the faculty surgeons.

PROGRAMME

08.00	Registration
08.15	Welcome, introductions and Course overview
08.30	Surgery in the operating rooms
10.30	Coffee Break
11.00	Surgery in the operating rooms
14.00	Light Lunch
15.00	Didactic session with focus on

Learning objectives are:
• Principles of pelvic anatomy
• Know the energy in laparoscopic surgery
• Tips and tricks of endometriosis excisional techniques
• How to avoid and manage surgical complications

Surgery Training Center Garibaldi Hospital

C | Master Class Suturing Course

Pre Congress "full immersion" 1 day suturing course
What's the best surgeon knots? Romeo's gladiator rule:
Master in Knot-tying and Loading of the needle
Multidisciplinary suturing course (general surgery, gynecologist, urologist)
10 partecipants

Chair: *A. Romeo*
Faculty: *A. Bilhar, K. Lustosa, C. Rubino, E. Russo*

Course Description
Suturing is a turning point towards Advanced Laparoscopic Surgery. Combination of the correct stitch and knot tying can be responsible for the success of a complex surgery. Appropriate rules make difficult things easy. The Romeo's Gladiator Rule put suturing at the hands of all laparoscopists. The knowledge acquired by Romeo's Gladiator School explain which knots are safe and unsafe or dangerous and how to perform them. This course provides a broad comprehension about the art of laparoscopic suturing, mixing theory and practice.

Course Objectives
At the conclusion of this activity, the participant will be able to:
1) identify safe, unsafe and dangerous knots;
2) perform bimanual knot tying following the Romeo's Gladiator Rule;
3) Loading the needle and stitching with both hands and supra pubic route;
4) From 4/0 to 1 size: does it exist one safe combination/knot for all types of sutures and relative sizes?

PROGRAMME

08.00	Registration
08.15	Welcome, introductions and Course overview
08.30	Safe, Unsafe and Dangerous knots in laparoscopy Romeo's Gladiator Rule: The universal knot tying technique The Theory of the perfect stitch
10.30	Coffee Break
11.00	HANDS-ON - LAB
14.00	Light Lunch
15.00	LAB: Romeo's Gladiator Knot Tying Technique with right hand dominant in supra pubic port and the assistant in left hand port LAB: Knot Tying with left dominant hand and right assistant hand in supra pubic trocar
17.00	**Certificate**

Gynecological Auditorium Garibaldi Nesima Hospital - Tower A

D | Imaging in Endometriosis and Gynecologic Oncology

Interactive course with live and pre-recorded demonstration
40 partecipants

08.00 **Registration**

08.30 **Welcome and Introduction**
G. Ettore, M.C. Blanco, S. Guerriero

SESSION I

DIFFERENTIAL DIAGNOSIS OF ADNEXAL MASSES

Chairs: *F. Bonaffini, G. Cavallo, A. Tarascio*
Discussants: *G. Bartoloni, E. Pappalardo, L. Salvia*

09.00 Borderline tumors: pattern recognition at ultrasound
I. De Blasis

09.15 Epithelial ovarian tumors: can we recognize the different histotypes at US?
D. Franchi

09.30 Rare ovarian tumors: pattern recognition and biomarkers
F. Mascilini

09.45 Metastatic tumors: how ultrasound can help to guide management
V. Chiappa

10.00 Discussion

10.30 Coffee break

SESSION II

ENDOMETRIOSIS & TUBAL PATHOLOGY

Chairs: *S. Incandela, A. Mercurio, A. Vallone*
Discussants: *D. Catarella, S. Di Leo, A. Pediliggieri*

11.00 Atypical endometriosis: tips & tricks for differential diagnosis
C. Trippia

11.15 The lateral parametrium: a new territory for ultrasound exploration
M. Rolla

11.30 The Enzian Classification: how to stage endometriosis
C. Zorzi

11.45 Beyond ultrasound: what can the radiologist add to endometriosis staging?
K. Menni

12.00 Inflammatory tubal pathology
D. Sturla

12.15 Tubal cancer
D. Franchi

12.30 Discussion

13.00 ***Live scans and pre-recorded clinical cases***

13.30 Lunch

SESSION III

MYOMETRIAL PATHOLOGY

Chairs: *L. Giambanco, R. Granese, V. Vinci*
Discussants: *E. Giurato, A. Molino, C. Rubino*

14.30 Adenomyosis: how to use MUSA terminology in clinical practice
S. Guerriero

14.45 Myometrial pathology: can we distinguish benign from malignant tumors?
V. Chiappa

15.00 Myometrial pathology: the radiologist's perspective
A. Vallone

15.15 Discussion

15.35 ***Live scans and pre-recorded clinical cases***

SESSION IV

ENDOMETRIAL PATHOLOGY

Chairs: *M.C. Blanco, G. Canzone, B. Pecorino*
Discussants: *F. Forlani, M. Li Destri, F. Rapisarda*

16.00 IETA terminology: describing endometrial pathology with a common language
E. Casella

16.15 Benign endometrial pathology: when to reassure and when to investigate further
F. Fascilla

16.30 Ultrasound meets hysteroscopy: type and tricks for diagnosis and management
C. Ettore

16.45 Ultrasound diagnosis and staging of endometrial malignancy
M. Ludovisi

17.00 Discussion

17.30 ***Live scans and pre-recorded clinical cases***

18.00 Closing remarks

Endocrinological Auditorium Garibaldi Nesima Hospital - Tower C

E | Hysteroscopy Course

Chairs: *C. Ettore, E. Russo, A. Siscaro*

Instruments, indications, contraindications, complications and treatment
of the main intrauterine disorders
20 partecipants

In the Hysteroscopy session, thanks to the presence of the pioneers of this discipline, the hysteroscopic world will be traversed from its origins to the present day, through the most advanced, miniaturised and state-of-the-art techniques.
In particular, with the pre-congress course first, and in the conference and related live surgery afterwards, an attempt will be made to derive good procedures for a suitable hysteroscopic examination in the light of endouterine pathology that is different each time. Of fundamental importance is the connection between ultrasound and hysteroscopy, also intraoperatively.
Topics related to diagnosis and therapeutic choice, whether medical or surgical, in relation to the woman's history will be covered.

PROGRAMME

08.00 **Registration open**

08.30 **Welcome and Introduction**
C. Ettore, E. Russo, A. Siscaro

SESSION I

Chairs: *S. Giammona, V. Palmara, A. Siscaro*
Discussants: *M.G. Arena, R. Ferraro*

09.00 Ultrasound diagnostic work-up for endometrial pathologies
F. Fascilla

09.20 Office hysteroscopy: from diagnosis to treatment
A. Favilli

09.40 Hysteroscopy and myomas: from diagnosis to the therapeutic decision
S. G. Vitale

10.00 Cervical Pathology: What is Hysteroscopy Used For?
G. Gubbini

10.20 Discussion

10.40 Coffee break

SESSION II

Chairs: *A. D'Alessandro, A. Favilli, F. Rapisarda*
Discussant: *F. Sieni Miceli, A. Sipione*

11.00 Medical therapies before hysteroscopic surgery
E. Russo

11.20 Abnormal uterine bleeding: new therapeutic strategies
N. La Ferrera

11.40 RPOC (retained products of conception)
C. Ettore

12.00 Uterine dysmorphisms: ultrasound diagnosis and hysteroscopic premanagement
B. Zizolfi

12.20 Informed consent and adequate reporting of the hysteroscopic examination, how to avoid and manage surgical complications
G. Bonanno, G.G. Incognito, M. La Greca

12.40 Discussion

13.00 Lunch

SESSION III

TIPS AND TRICKS OF HYSTEROSCOPIC TECHNIQUES

Tutors: *C. Ettore, A. Favilli, G. Gubbini, N. La Ferrera, E. Russo, A. Siscaro*

14.00 WET & DRY LAB

17.00 Live Surgery Clinical Case
G.G. Incognito, N. La Ferrera

17.30 Closing

Four Points By Sheraton Catania

Pegasus Room 2-3

HYSTEROSCOPY DAY: EMERGENCY TECHNOLOGIES AND EXPANDING CLINICAL FRONTIERS

08.00 **Open Session**
08.30 **Live Surgical Session**

Chairs: *G. Bigatti, S. Caudullo, A. Favilli, L. Nappi*
Provokers: *M. Farina, F. Gulino, P. Turtulici, S. G. Vitale*

Surgeons: *S. Bettocchi, A. Di Spiezio Sardo, C. Ettore, G. Gubbini, M. Wilczak, N. La Ferrera, E. Russo, A. Siscaro*

SYMPOSIUM - LINA

Beyond myomectomy: the role of transvaginal radiofrequency ablation in fibroid treatment

Chairs: *C. Crescini, M.C. De Angelis*
Discussant: *A. Mercurio, S.G. Vitale*

11.00 Surgical technique and clinical experience
F. Cannone

SYMPOSIUM

Fertility-sparing and clinical management of benign uterine disorders. What's New?

Chairs: *S. Angioni, L. Muzii, S. Schettini*

11.50 The importance the estrogen threshold in the medical treatment of benign uterine diseases and the role of GnRH antagonist +/- ABT
M. Vignali

12.10 How to cope the "fertility sparing unmet nees with medical treatment of uterine fibroids and its clinical applications
A. Di Spiezio Sardo

12.30 New Trends in long term medical treatment for endometriosis and adenomyosis: our clinical experience
A. Maiorana

12.50 Discussion

13.30 SYMPOSIUM - HOLOGIC

Before hysterectomy: restoring women's quality of life

Chairs: *G. Canzone, C. Ettore, M.R. Falco Abramo*
Discussants: *F. Gulino, D. Incandela*

13.30 Quality of life, women's expectations, and new therapeutic targets in the management of metrorrhagia
G. Sorrenti

13.45 The role of endometrial ablation in reducing the use of more invasive treatments or those with significant side effects
C. Ettore

14.00 The most complex patients: oncology, genetics, and quality of life
K.L. Andersson

14.15 Discussion

Chair: *G. Cavallo*

14.30 Update on iron supplementation in gynecological surgery
C. Rubino

SCIENTIFIC SESSION

Chairs: *E. Lomeo, A.S. Laganà, M. Palumbo, B. Zizolfi*
Discussants: *A. Di Stefano, D. Incandela, R. Zarbo*

15.00 Hysteroscopy and endometrial cancer: from precancerous lesions to "fertility sparing"
U. Catena

15.20 Tissues removal devices: strengths and limitations
G. Bigatti

15.40 Hysterscopic PRP administration: when and how?
A. Di Spiezio Sardo

16.00 Pushing the limits of the miniresectoscope
S. Bettocchi

16.20 Office hysteroscopy: aid of paracervical anaesthesia. Procedure and indications
M. Wilczak

16.40 Laser technology in Hysteroscopy: state of the art and future developments
L. Nappi

17.00 Management of myomas FIGO 0-2
P. Casadio

17.20 Discussion

KEYNOTE LECTURE

Chairs: *B. Cacopardo, A. Rapisarda*

18.00 **HPV Vaccine Update: Efficacy and Potential Population Impact**
G. Giorgianni

18.30 Closing

Cassiopea 1

UROGYNECOLOGY: PRECISION SURGERY AND FUNCTIONAL OUTCOMES

(video surgical challenge)

SESSION I

14.30 Open Session
G. Ettore

14.40 From anatomy to function: redefining success in urogynecology: anatomical vs functional outcomes
M. Serati

Surgical suspension techniques in pelvic organ prolapse

Vaginal route

Chairs: *L. Alio, F. Signore, M. Torella*
Discussants: *A. Cannizzaro, V. Mascellino, A. Iuliano, O. Notaro*

15.00 Imaging in Pelvic Floor Disorders: 3D ultrasound
G. Torrisi

15.20 TVR - Tricompartimental Vaginal Repair
G. Ettore

15.40 Native tissue repair of POP and sacrospinous ligament fixation
A. D'Afiero

16.00 The Green hysterectomy, hysterectomy of tomorrow
H. Clavè

16.20 Discussion

SESSION II

Endoscopic route

Chairs: *S. Arena, L. Mereu, G. Panico*
Discussants: *F. Ciancio, M.R. Falco Abramo, M.G. Matarazzo, B. Pinzello*

16.50 Pelvic floor anatomy defects and solutions: promontosacrofixation
A. Bilhar

17.10 The vNOTES technique in prolapse surgery
V. Bergamini

17.30 The robot for the treatment of complex and recurrent prolapse
T. Simoncini, M. Caretto

17.50 Complications and recurrences: the real challenges of pelvic floor surgery
G. Campagna

18.10 Discussion

19.00 Closing

Pegasus Room 2-3

ENDOMETRIOSIS DAY

08.00 **Open Session**
08.30 **Live Surgical Session**

Chairs: *S. Cianci, J. Gilabert, F. Osorio, A. Ussia*
Provokers: *A. Bucolo, C. Cicerone, A. Maiorana, M. Rolla*

Surgeons: *V. Chiantera, M. D'Asta, W. Kondo, M. Malzoni, A. Wattiez, *E. Milnerowicz*

KEYNOTE LECTURE

10.30 **Anatomical Variations in the Endometriosis: is it possible a standardization of retroperitoneal anatomy dissections?**
M. Mabrouk

Introduces: *J. Gilabert*

SYMPOSIUM - ERBE

Electrosurgery evolution in gynecology: innovation and future of technology

Chairs: *A. Romeo, A. Tarascio*
Discussants: *A. Di Stefano, S. Giammona*

11.00 From technical fundamentals to the electrosurgical innovations transforming surgical practice
L. Fioravanti

11.10 APC treatment of ovarian endometriosis
S. Ferrari

11.25 Gynecological surgery technique with Tripolar energy device
F. Romano

11.40 Discussion

* *(Opole Poland)*

SYMPOSIUM

Endometriosis and Fertility

Chairs: *A. Allegra, A. S. Laganà, S. Palomba*
Discussants: *E. Falcidia, G. Gullo, G. Ruvolo, M. Somma, M.E. Vento*

12.00 The Impact of Endometriosis on IVF Outcomes: What the Evidence Tells Us
P. Viganò

12.20 Endometriosis and ART outcomes: the mismatch between theory and practice
Y. Khalaf

12.40 Oocyte freezing and Fertility preservation in Endometriosis: What Every Specialist Should Know
A. Guglielmino

13.00 Pregnancy after PMA: induction of labor with prostaglandins
M.C. Blanco

13.20 Discussion

KEYNOTE LECTURE

13.50 **New frontiers in uterus transplantation**
P. Scollo, P. Veroux

SESSION I

STATE OF ART IN ENDOMETRIOSIS

Chairs: *V. Chiantera, S. Cianci, A. Mattei, A. Ussia*
Discussants: *F. Gulino, A. Maiorana, M. Rolla*

14.30 Neuroinflammation in gynecology
A. Peritore

14.50 AI and Role of imaging in surgical planning
A. Di Giovanni

15.10 Referral pathways and patient selection
P. Koninckx

15.30 Nerve-Sparing strategy selection: when to preserve, when to resect
N. Lemos

15.50 Intraoperative nerve monitoring and AI, how much safer do these technologies make our surgeries?
B. Rabischong

16.10 Discussion

SESSION II

MULTIDISCIPLINARY PANEL IN ENDOMETRIOSIS

Chairs: *J. Gilabert, M. Guido, N. Lemos*
Discussants: *M. Falsaperla, L. Piazza, G. Sozzi*

16.30 Radical Surgery in Bowel Endometriosis: criteria for surgical Decision-Making
M. Malzoni

16.50 Complex Endometriosis of the Urinary Tract: Strategies for Bladder and Ureteral Involvement
W. Kondo

17.10 Quality of life and long-term disease management
R. Seracchioli

17.30 Discussion

18.00 **OPENING CEREMONY**
G. Ettore, A. Romeo, A. Wattiez, G. Giammanco, A. Mattei

- **"The Gender Switch: Women changing Women's Health"**
- **Commento musicale - Omaggio alle donne del Quintetto d'Archi diretto dal Maestro Fabio Raciti**

20.30 **Welcome Dinner**

Pegasus Room 2-3

GYNECOLOGIC ONCOLOGY DAY

08.00 **Open Session**
08.30 **Live Surgical Session**

Chairs: *G. Bifulco, A. Ercoli, K. Lustosa, E. Milnerowicz, G. Vizzielli*
Provokers: *A. Abbate, F. Ciancio, V. Iannone, G. Trojano*

Surgeons: *F. Cannone, F. Fanfani, J. Gilabert, S. Gueli Alletti*
P. Scollo, F. Guardalà (Cannizzaro Hospital Catania)
G. Sozzi (Cefalù Giglio Hospital)

SYMPOSIUM

The surgical training: present and future perspectives

Chairs: *V. Cela, M. Malzoni, A. Romeo*
Discussants: *S. Cianci, S.G. Vitale*

11.00 Artificial intelligence: a promising "bridge" between imaging and surgery
A. Mattei

11.20 How the Master focus on the Training of new Surgeons Generations
A. Wattiez

11.40 GESEA Educational Programme
H. Ferreira

12.00 The knowledge acquired by Romeo's Gladiator School
A. Romeo

12.20 Discussion

SYMPOSIUM

Robotic Surgery: Precision, Personalization and Innovations

Chairs: *G. Bifulco, V. Cela, A. Ercoli, L. Mereu*

12.30 What's the near future of robotic surgery
B. Rocco
Introduces: *M. Falsaperla*

Robotic Surgery in Gynecology: Are We Moving Beyond Conventional Laparoscopy?

12.50 Endometriosis and Benign Pathologies
M. Mabrouk

13.10 **Panel Experts:** *M. D'Asta, G. Gaia, K. Lustosa, F. Osorio*

13.30 Gynecology Oncology
E. Vizza

13.50 **Panel Experts:** *S. Arena, F. Cannone, F. Fanfani, J. Gilabert*

14.10 Discussion

SESSION I

STATE OF THE ART IN GYNECOLOGY ONCOLOGY

Chairs: *R. Bordonaro, G. Scibilia, V. Trojano*
Discussants: *S. Bianca, F. Fraggetta, S. Paratore, G. Scandurra*

14.30 Molecular classification of endometrial cancer and clinical implementation
U. Malapelle

14.50 Limitations of FIGO 2023 classification in endometrial cancer: The Patologist's vision
G. Zannoni

15.10 ESGO quality indicators and centralization models
A. Fagotti

15.30 Integration of targeted and immunotherapies
D. Lorusso

15.50 Discussion

October 16th, 2026 - Friday

SESSION II

DEBATE SESSION - CONTROVERSIES

Chairs: *F. Cannone, S. Gueli Alletti, G. Trojano*
Discussants: *G. Blanco, S. Cordio, D. Sambataro*

16.30 HIPEC in ovarian cancer: evidence, selection criteria, and outcomes
G. Vizzielli

16.50 Advanced Ovarian Cancer: Primary Debulking versus Neoadjuvant Chemotherapy
F. Cosentino

17.10 Cervical Cancer and Fertility-Sparing Options: Which Minimally Invasive Approach?
F. Fanfani

17.30 Fertility-sparing surgery: oncologic safety versus reproductive benefit
G. Corrado

17.50 Hormonal and non-hormonal therapies for the management of vulvovaginal atrophy after gynaecological tumors
L. Sgrò

18.10 Discussion

18.30 **Closing of the 12th Mediterranean Endo-Gynecological Surgery Congress**

Pegasus Room 2-3

R.E.S. RETE ENDOMETRIOSI SICILIA

09.00 **Presentazione**
G. Ettore, A. Maiorana, B. Pecorino

Saluto delle Autorità
On. Luisa Lantieri - V. Presidente ARS
On. Nicola D'Agostino - Componente VI Commissione Salute ARS
Dott. Luigi Scalzo - Dirigente Generale DASOE Assessorato della salute Regione Siciliana
Dott.ssa Tatiana Agelao - Dirigente Generale Assessorato della salute Regione Siciliana

09.30 **Endometriosi: evidenze scientifiche e diseguaglianze regionali**
Presentazione Report GIMBE
N. Cartabellotta

09.50 **La Rete Endometriosi Sicilia**
A. M. Abbate, G. Ettore, A. Maiorana, B. Pecorino, L. Giambanco, C. Catalano

- Il PDTA
- I Centri di I-II-III livello della R.E.S

- Presentazione Piattaforma del Registro Regionale
M. Giacalone

11.30 **Tavola Rotonda**
Confronto dei Centri della R.E.S.
Moderatori: *A.M. Abbate, G. Ettore, A. Maiorana, B. Pecorino*

Partecipano
Direttori Generali ASP
Aziende Ospedaliere e Policlinici
Direttori Dipartimento Materno Infantile
Direttori UOC Ginecologia e Ostetricia
Ginecologi dei Consultori
Ginecologi ambulatoriali del territorio
Centri PMA pubblici e privati accreditati
Medici di Famiglia
Associazioni pazienti

13.00 **Conclusioni**
Dott. Marcello Caruso - Assessore della Salute Regione Siciliana

with the unconditional contribution of:

with the unconditional contribution of:

with the unconditional contribution of:

Aristo

enteralia bioscience

Angio Medica

AstraZeneca

epitech group

NEXUS healthcare distribution

Johnson&Johnson MedTech

neomedic international

Olinorm

SHIONOGI

GRAMEDKA SRL

Sikelia New Medical Imaging

GSK

GANASSINI Istituto di Ricerche Biochimiche

Medcomp SaescoGroup LINA HTKD Medical

Theramex For Women, For Health

MEDITECH PARTNER IN TECNOLOGIE MEDICALI

corza medical

DAMOR farmaceutici

ZACCANTI S.p.A. BOCCHETTI GROUP

AMES Group

Applied Medical A New Generation Medical Device Company

C. Medica s.r.l.

Coloplast

fidia

HORUSALUS

IMeSI ITALIA sicurezza a tutto campo

PharmExtracta S.p.A.

SPONSOR

with the unconditional contribution of:

GENERAL INFORMATIONS

DATES

PRE-CONGRESS TRAINING COURSE:
October 12-13, 2026

VENUE:
ARNAS - Garibaldi-Nesima Hospital
(Live Surgical Session)
Via Palermo, 636, 95122 Catania

CONGRESS:
October 14 –16, 2026

VENUE:
Four Points by Sheraton Catania
Hotel & Conference Center
Via Antonello da Messina 45 – Catania

CONGRESS LANGUAGE

The official languages of the Congress will be Italian and English.

REGISTRATION FEES

PRE-CONGRESS COURSE A - B - C – D - E, OCTOBER 12-13, 2026

Physician	€300.00 + VAT
Resident, student and trainee	€200.00 + VAT

CONGRESS, OCTOBER 14–16, 2026

Physician	€500.00 + VAT
Resident, student and trainee	€300.00 + VAT

PRE-CONGRESS COURSE A - B - C – D – E, OCTOBER 12-13, 2026 + CONGRESS OCTOBER 14-16, 2026

Physician	€ 600.00 + VAT
Resident, student and trainee	€ 400.00 + VAT

The registration fee includes:

- Access to all scientific sessions
- Refreshments
- Certificate of attendance
- Congress kit
- CME credits in compliance with CME regulations

ACCOMODATION

Accommodation in DUS room
13–16 October, from €165.00 per room/night in a 4-star hotel, including bed & breakfast.
City tax and €2.50 fee to be paid directly at the hotel.
For hotel information, please contact: c.segatto@idea-group.it.

CME ACCREDITATION

The Congress will follow the E.C.M. accreditation procedures in accordance with the provisions established by the Italian Ministry of Health.

Certificates bearing E.C.M. credits, after careful verification of attendance and learning outcomes, will be available online 90 days after the end of the event, subject to the assignment of educational credits by the Italian Ministry of Health.

Participants may obtain their certificate with the acquired credits by visiting www.ideagroupinternational.eu and following the instructions provided.

Only participants belonging to the indicated disciplines will be entitled to educational credits.

CERTIFICATE OF ATTENDANCE

Participants who request it will receive a Certificate of Attendance at the end of the congress.

CME INFORMATIONS

The Congress has been accredited by the National Commission for Continuing Medical Education (C.M.E.) with the allocation of **22,4 CME** Credits for the category of Physician and Surgeon.

Ref. No. **555 - 490481**

EDUCATIONAL OBJECTIVE
Application of the principles and procedures of evidence-based practice (EBM - EBN - EBP) in daily practice.

DISCIPLINES FOR PHYSICIANS/SURGEONS:
Endocrinology; Medical Genetics; Oncology; Radiotherapy / Radiation Oncology; General Surgery; Gynecology and Obstetrics; Urology; Anatomical Pathology; Anaesthesia and Intensive Care; Clinical Biochemistry; Clinical Pharmacology and Toxicology; Medical Genetics Laboratory; Microbiology and Virology; Clinical Pathology (Laboratory of Chemical-Clinical Analysis and Microbiology); Diagnostic Radiology; General Medicine (General Practitioners / Family Medicine).

ONLINE QUESTIONNAIRE COMPLETION
To obtain the CME (Continuing Medical Education) credits for this event, the following requirements are mandatory:

- Attendance: Participation in at least 90% of the training activities (attendance recorded via an electronic system).
- Sponsor Declaration: Completion of the sponsor recruitment declaration.
- CME Documentation: Completion of all CME materials, including:
- Personal details form
- Learning assessment questionnaire (with a minimum score of 75% correct answers)
- Event quality evaluation questionnaire

Availability:
The online completion system will be active starting **October 16, 2026**, and will remain available for the following 72 hours. Personal log-in credentials will be sent via email to the address provided during registration.

VULVODYNIA: CHALLENGES AND UPDATES

The Course has been accredited by the National Commission for Continuing Medical Education (C.M.E.) with the allocation of **3 CME** Credits for the category of Physician and Surgeon.

Ref. No. **555 - 490523**

EDUCATIONAL OBJECTIVE
Guidelines – Protocols – Procedures

DISCIPLINES FOR PHYSICIANS/SURGEONS:
Medical Genetics; Oncology; Radiotherapy / Radiation Oncology; General Surgery; Gynecology and Obstetrics; Urology; Anatomical Pathology; Anaesthesia and Intensive Care; Clinical Biochemistry; Clinical Pharmacology and Toxicology; Medical Genetics Laboratory; Microbiology and Virology; Clinical Pathology (Laboratory of Chemical-Clinical Analysis and Microbiology); Diagnostic Radiology; General Medicine (General Practitioners / Family Medicine).

ONLINE QUESTIONNAIRE COMPLETION
To obtain the CME (Continuing Medical Education) credits for this event, the following requirements are mandatory:

- Attendance: Participation in at least 90% of the training activities (attendance recorded via an electronic system).
- Sponsor Declaration: Completion of the sponsor recruitment declaration.
- CME Documentation: Completion of all CME materials, including:
- Personal details form
- Learning assessment questionnaire (with a minimum score of 75% correct answers)
- Event quality evaluation questionnaire

Availability:
The online completion system will be active starting **October 12, 2026**, and will remain available for the following 72 hours. Personal log-in credentials will be sent via email to the address provided during registration.

Segreteria Organizzativa e Provider E.C.M. Id. N. 555 iDea Congress

SEDE ROMA:
Via Flaminia Nuova, 1068 - 00189 Roma
tel. 06 36381573 - fax. 06 36307682

SEDE MILANO:
Corso Venezia, 8 - 20121 Milano
tel. 02 50033071

ideagroupinternational.eu - info@idea-group.it